



TRAVEL HEALTH NOTICE FOR THE PARIS 2024 OLYMPIC AND PARALYMPIC GAMES

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Key points:

- The Paris 2024 Olympic Games will take place from July 26 to August 11, 2024, in the city of Paris, France.
- The Paris 2024 Paralympic Games will take place from August 28 to September 8, 2024.
- 11.3 million visitors are expected to arrive in France and more than 12,000 athletes are expected to participate in both competitions.

Public Health Risks:

As these are massive international events, it is important to take into account that attendees could be exposed not only to health risks typical of the venue of the event, but also to the concentration of people from all over the world and could also be exposed to risks external to the host country, so it will be advisable to apply general preventive measures.

Some health risks and diseases that travelers attending the event may be exposed to include:



- Extreme natural temperatures (heat)
- Measles
- Respiratory diseases (COVID-19, Influenza, among others)
- Mpox (monkeypox)
- Diseases transmitted by the consumption of contaminated food and water
- Diseases transmitted by mosquito and other insect bites (West Nile virus, Lyme disease, etc.)
- Sexually transmitted infections (STIs)

Risk level

LEVEL 1 - LOW

Reminder to follow the usual precautions for the destination.

Follow usual precautions, including updating all recommended vaccinations; avoid the bite of mosquitoes or other insects; safe sex practices and ensure the safety of food and water.




Traveler's Guide (SRE) Olympic Games
Additional information can be found here.

Before your trip:

- **Make sure you have your complete vaccination schedule**, including measles, flu, and COVID-19 vaccines (according to the national vaccination schedule).
- Consult the Traveler's Guide of the Ministry of Foreign Affairs at the link: <https://portales.sre.gob.mx/guiadeviaje/>

During your trip:

- **Wash your hands frequently** with soap and water for at least 20 seconds or use hand sanitizer with at least 70% alcohol.
- Cover your mouth and nose with the inside of your elbow when coughing or sneezing.
- Eat well-cooked foods, wash fruits and vegetables, avoid raw eggs and dairy, and choose safe options if you eat raw foods.
- Prioritize established restaurants and avoid, as much as possible, street food stalls.
- **Hydrate frequently and try to stay well hydrated.**
- Use insect repellent, long-sleeved clothing, and long pants to **prevent mosquito bites and other insects.**
- Prepare for emergency situations: Locate escape routes as well as available medical facilities. Avoid heavily congested areas where emergency exits are limited.
- **Avoid close contact with people who have symptoms suggestive of a communicable disease.**
- Avoid sun exposure during peak radiation hours (between 11:00 a.m. and 3:00 p.m.).
- Wear light-colored light clothing, a hat, use sunscreen, and sunglasses.
- Avoid close contact with people with skin or genital lesions.
- Practice safe and secure sex.
- Use preservative.
- **If you develop symptoms of illness, seek medical attention immediately.**

After your trip:

- If you have any signs or symptoms of illness, seek immediate medical attention, informing you of your travel history to Paris. Don't self-medicate.

Additional information:

- <https://olympics.com/es/paris-2024>
- <https://portales.sre.gob.mx/guiadeviaje/103-ficha-de-paises/263-francia>
- <https://olympics.com/es/deportes/paralympic/>
- SRE Traveler's Guide (France)

If you have any questions, you can contact the **EPIDEMIOLOGICAL AND HEALTH INTELLIGENCE UNIT** at **55 5337-1845**, where you will be attended by highly trained personnel, available 24 hours a day.