



PREVENTIVE NOTICE OF TRAVEL TO CHINA FOR RESPIRATORY INFECTION FOR NEW CORONAVIRUS (2019-NCOV)

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[UIES-AVISO-VIAJE-CHINA_2019-nCoV-v05-2020] →

Key Points:

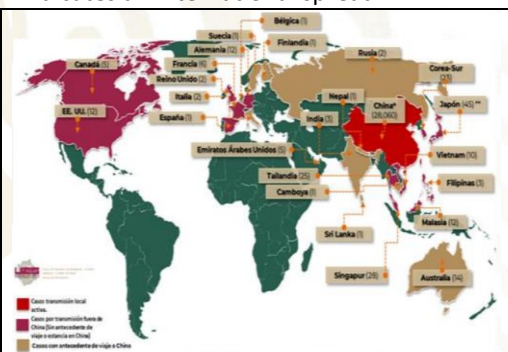
- There is a **new Coronavirus (2019-nCoV)** in circulation in the world since December 31, which can be **transmitted from person to person**.
- The outbreak by this New Coronavirus (2019-nCoV) was declared by the World Health Organization as a **Public Health Emergency of International Concern (PHEIC)**.
- There is currently **NO** vaccine or specific treatment for this new virus.
- As of February 7, 2020, **31,481 confirmed cases** have been reported globally, including **638 deaths**.
- **China**, concentrates **31,211 cases** and **637 deaths**, has spread the outbreak in **34 provinces**.
- The Confirmed cases outside of China, a total of **270**, including **one death**, in **24 countries**; indicates an international spread.

Risk Level

Level 3 HIGH

Avoid all non-essential trips to this destination.

The chance of getting sick from this event is high, and there are no specific prevention measures against this disease.



Symptoms:

- **Symptoms of acute respiratory disease.**
- It has the **potential to cause serious respiratory illness and death.**

Affected countries: (until 30th January 2020)

Countries with active transmission: China.

Countries with confirmed cases imported: Japan (86), Singapore (30), Thailand (25), Republic of Korea (24), Malaysia (14), Vietnam 1(2), United Arab Emirates (5), India (3), Philippines (3), Cambodia (1), Nepal (1), Sri Lanka (1), United States of America (12), Canada (7), Australia (15), Germany (13), France (6), United Kingdom (3), Italy (3), Russia (2), Belgium (1), Finland (1), Spain (1), Sweden (1).

Before your trip:

- **Avoid non-essential travel to this destination or try to postpone your trip.**
- **There is no travel restriction to China**, however, preventive measures need to be applied if you travel to some of the areas affected by the outbreak.
- Have your vaccination schedule up to date according to your age group.
- **Maintain and strengthen** general prevention and contact measures to avoid getting sick.

During your trip:

- **Wash your hands frequently**, especially after contact with animals, living or dead, or **people** who may be **sick or infected**. (Use soap and running water for at least 20 seconds. Also, you can use 70% alcohol gel-based solutions for hand cleaning.)
- Just eat **well-cooked foods** and drink water that has been **disinfected or bottled** commercially.
- Use the inside of your elbow when coughing or sneezing.
- Avoid contact with sick people.
- Avoid crowded places or events where many people attend.
- Avoid contact with live or dead animals, animal markets, and products that come from animals such as raw meat.
- Use surgical mask covering your nose and mouth, if you can't avoid some of these situations.
- If you get sick during your stay, I asked for medical attention and avoid self-medicating.

After your trip:

- If you traveled to **China (includes the Special Administrative Regions of Hong Kong and Macao, or Taiwan)** in the last 14 days and on your return to Mexico you have symptoms of acute respiratory disease seek immediate medical attention and do not self-medicate.
- Before going to emergency rooms or hospitals **inform health staff about your travel.**
- **If you have symptoms, avoid exposing others and use surgical masks.**

Additional information:

- Ministry of Health www.salud.gob.mx
- World Health Organization <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

For any doubt you can contact the **Epidemiological and Health Intelligence Unit** at **55 5337-1845** or **800-0044-800**, where you will be attended by highly trained personnel 24 hours a day.