



**PREVENTIVE TRAVEL NOTICE TO WUHAN, CHINA FOR PNEUMONIA DUE TO NEW CORONAVIRUS (2019-NCOV)**

23 | January | 2020

[UIES-AVISO-VIAJE-NNC-v02-2020] →

**Key Points:**

- The Municipal Health Commission of Wuhan, China, issued on December 31<sup>st</sup>, 2019 a report notifying an **outbreak of pneumonia**.
- The causative agent was determined as a **New Coronavirus (2019-nCoV)**, which has the potential to be **transmitted from person to person**, and it is suggested that older adults and people with underlying diseases may be at greater risk.
- **There is NO vaccine against this new virus.**
- China has suspended the public celebrations of the "Chinese New Year" also known as the "Spring Festival".
- Cases have been reported in: Hubei, Guangdong, Beijing, Shanghai, Chongqing, Zhejiang, Jiangxi, Sichuan, Tianjin, Henan, Hunan, Shandong, Yunnan, Taipei, Hong Kong and Macau.
- Wuhan City, China, **has suspended transportation** in and to the city. (The trains, buses, the subway and the international airport are closed).

**Risk Level**

**Level 3 HIGH**

**Avoid all non-essential travel to this destination.**  
The possibility of getting sick from this event is high, and there are no specific prevention measures against this disease.



**Symptoms:**

- Fever, general discomfort, dry cough, shortness of breath.
- It has the potential **to cause serious respiratory illness and death.**

**Affected countries: (until January 24<sup>th</sup>, 2020)**

**Countries with active transmission:**

- **China** has reported **882 confirmed cases** and **26 deaths.**

**Countries with confirmed imported cases:**

- Thailand (4), Singapore (3), Vietnam (2) South Korea (2), Japan (2), United States of America (1), and Taiwan (1).

**Before travelling:**

- **Avoid non-essential travel to this destination**, or try to postpone your trip.
- **There is no travel restriction to China**, however, it is necessary to apply preventive measures if you travel to some of the areas affected by the outbreak.
- Make sure you are up-to-date on your routine vaccines before the trip according to your group of age.
- **Maintain and strengthen** general prevention and contact measures to avoid getting sick.

**During your travel:**

- **Wash your hands frequently**, especially after contact with animals, living or dead, or people who may be sick or infected. Use soap and running water for at least 20 seconds. Also, you can use 70% alcohol gel-based solutions for hand cleaning.
- Only eat **well-cooked** food and drink **water** that has been disinfected or commercially bottled.
- Use the inside of your elbow when coughing or sneezing.
- **Avoid crowded places** or events where a large number of people attend.
- **Avoid live or dead animals, animal markets** and products that come from animals such as raw meat.
- **Avoid contact with sick people.**
- Use **surgical mask** covering your nose and mouth, if you can't avoid some of these situations.
- If you get sick during your stay, seek medical attention; avoid self-medication.

**After travelling:**

- If you have traveled to **Wuhan; China** in the last **14 days** on your return to Mexico you **have fever, cough or difficulty breathing, seek immediate medical attention** and **do not self-medicate.**
- Before going to the emergency rooms or hospitals, **inform to the health staff about your travel record.**
- **If you develop symptoms, avoid exposing others and use surgical mask.**

**Additional Information:**

- Health Secretariat [www.salud.gob.mx](http://www.salud.gob.mx)
- World Health Organization <https://www.who.int/csr/don/05-january-2020-pneumonia-of-unknown-cause-china/en/>  
[https://www.who.int/news-room/detail/23-01-2020-statement-on-the-meeting-of-the-international-health-regulations-\(2005\)-emergency-committee-regarding-the-outbreak-of-novel-coronavirus-\(2019-ncov\)](https://www.who.int/news-room/detail/23-01-2020-statement-on-the-meeting-of-the-international-health-regulations-(2005)-emergency-committee-regarding-the-outbreak-of-novel-coronavirus-(2019-ncov))
- Centers for Disease Control and Prevention <https://wwwnc.cdc.gov/travel/notices/watch/pneumonia-china>  
<https://wwwnc.cdc.gov/travel/notices/warning/novel-coronavirus-wuhan-china>

For any doubt you can contact the **EPIDEMIOLOGICAL AND HEALTH INTELLIGENCE UNIT** at **55 5337-1845** or **800-0044-800**, where you will be attended by highly trained personnel 24 hours a day.